

# Hit the Trails!

## Sources

For this display, I added brochures of state & area trail systems that I had gotten from the local Chamber of Commerce. They were quickly snapped up!

HE 20.102: ST 4/987	An Introduction to Running: One Step at a Time
HE 20.302: W15	Take Care of Yourself by Walking
HE 20.3858: EX3/2	Exercise: A Guide from the National Institute on Aging and the National Aeronautics and Space Administration
I 29.2: N81/2	North Country National Scenic Trail
I 29.2: N81/2/997	North Country Trail
I 29.2: T68/4	Trails for All Americans
I 29.2: T 68/5	Register of National Recreation Trails
I 29.88/3: L58/2	The Lewis & Clark Trail
I 29.103: 2001- 03	National Parks: Index 2001-2003
I 53.2: B 88	Bur Oak Nature Trail

## Web Sites

MN Dept. of Natural Resources A-Z Listing of Minnesota State Trails	<a href="http://www.dnr.state.mn.us/state_trails/list.html">http://www.dnr.state.mn.us/state_trails/list.html</a>
Greater Mankato Chamber & Convention Bureau	<a href="http://www.mankato-mn.gov/Trails/Page.aspx">http://www.mankato-mn.gov/Trails/Page.aspx</a>

## Books from Our Maps Department (LC call #)

F 612.S9 G85 2001	Guide to the Superior Hiking Trail
GV 1045.5 .M6 J67 1998	25 Bicycle Tours in the Twin Cities & Southeastern Minnesota
GV 1045.5 .M6 W45 1998	Short Bike Rides in Minnesota

GV 1045.5 .M55 J65  
2002

Mountain Biking in Minnesota