

Kate Holtmeier

Minnesota State University, Class of
2024

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WELCOME!

Thank you for visiting my e-portfolio! My name is Kate Holtmeier. I am a second year Honors Student at Minnesota State University Mankato. I am majoring in Communication Sciences and Disorders. My expected graduation date is May 2023.

Mission Statement

My goal as an MSU Honors Student is to develop my skills in the three competencies and use them to help others.

LEADERSHIP

RESEARCH, SCHOLARLY, & CRINTERCULTURAL ENGAGEMENT

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ABOUT ME:



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HONORS PROGRAM

Learning Plan 2020-2021

This lists how I plan to develop my skills in the three competencies throughout the year.



PDF

Leadership

Research

Global Citizenship



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LEADERSHIP

HONR 201 Leadership Reflection

Fall 2020

In Introduction to Honors course, we wrote a reflection on whatever competency we had been learning about for the few weeks prior. During the leadership competency, we took a Strength Finder test. This test asked multiple questions relating to you. Our job was to answer which option fit us best. The end result gave us our top five strengths for leadership. My top five strengths were empathy, consistency, harmony, developer, and includer. The first thing I noticed regarding these five strengths was that four of them were subsections of the domain key, "relationship building". Relationship building means that I try to make strong bonds with my team to hold them together. I thought this was interesting because I had never thought of myself as the type of person. While writing this reflection, I was able to recognize my strength of relationship building in various situations.

[Read More](#)

Effects of Police Brutality and Racism on Black Students Reflection

Fall 2020

Because of the murder of George Floyd and the pandemic, there is becoming a new normal for the training of police officers. In this webinar, six black educators discuss their perspectives which focus on the effects of police brutality and racism on black students and professionals in education. In this reflection, I summarize the ideas of each panelist.

[Webinar Reflection](#)

Sports Leadership Panel

Fall 2020

In this zoom, three sports educators share their stories. They talk about how they came to find their job and how the pandemic has affected it. In this reflection, I focus on some of the points I found interesting.

[Sports Reflection](#)



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RESEARCH, SCHOLARLY, & CREATIVE ACTIVITY

[HONR 201 Research Reflection](#)

Fall 2020

Prior to this competency unit, I believed I did not have much research experience. The only research I thought I had done were the three research papers I'd written, two of which I wrote before middle school. This unit opened my eyes to different ideas of research. It showed me that research was more than conducting a science experiment in a lab. I learned that research can simply be gathering information to answer a question that solves a problem. In my essay, I focus on a research experience I encountered and solved this year. Though this unit, I've discovered that I have been involved in so many more experiences than I initially believed.

[Read More](#)

[Cochlear Implant Research Paper](#)

Beginning American Sign Language

Fall 2020

For this assignment, we were told to research a topic we were interested in relating to deafness. I decided to research cochlear implants. I remember learning about them senior year in my psychology class. I was curious about how they worked, but we never talked too in depth about them. This project allowed me a lot of freedom in which I could choose a topic of interest and talk about key points. It forced me to do a lot of initial research relating to cochlear implants so that I could figure out what I really wanted to talk about. In my research paper I talk about the history of cochlear implants, and the possible pros and cons of receiving them.

[Research Paper](#)



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INTERCULTURAL ENGAGEMENT

[HONR 201 Global Citizenship Reflection](#)

Fall 2020

My global citizenship reflection focuses on how I came to better understand other types of cultures different from my own. I also talk about the podcast "Little War on the Prairie." This competency unit has taught me that it's normal to hear biased stories relating to your culture. It has helped me better understand that there are so many different cultures, and that one person can be a part of more than just one.

[Read More](#)

[Beginning American Sign Language](#)

Fall 2020

In this course, we spent the semester working through five units. Through these five units we were taught some of the beliefs and values of Deaf communities as well as learn a lot of vocabulary. Learning about the Deaf culture gave me a new appreciation for the language and made has me even more interested in learning more about it.

[Grade Report](#)



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