



Brooke Andel

My name is Brooke Andel and I am

a Honors student at Minnesota



State University, Mankato. I am a

pre-medical student, majoring in

Biomedical Sciences, with minors

in Chemistry and Spanish. I will

graduate in the Spring of 2024 and

after, I plan to continue my studies

on to medical school to continue to

work towards my life long goal of

becoming a doctor.

Mission Statement:

I will continue to grow as an individual with our evolving society throughout my future by keeping an open mind and positive attitude so I can impact the world around me.

[ABOUT ME](#)

[HONORS PROGRAM](#)



All About Me

Hi there!

My name is Brooke Andel, and I am from Sartell Minnesota. I lived in Sartell my whole life before college and I was raised by my parents Brady and Jill. I have a younger brother, Carson who is a Junior in high school. From a young age, I have always enjoyed staying busy and trying new things. I was involved in dance and golf all throughout the years before college and I have always been very engaged in my schoolwork. I enjoy being outside, doing yoga, learning new things, reading, and spending time with friends and family.



I have known I have wanted to work in the medical field for a long time and decided to study Biomedical Sciences at Minnesota State University, Mankato with minoring in Spanish and Chemistry. I plan to continue my education onto medical school to make a difference in the world by helping others. Even though I am not set on a specific specialty in medicine yet, I have always loved being around kids and am certain I want my speciality to be within peditrics. I look forward to continuing my education as I continue to grow as an individual.

The Honors Program

What is the Honors Program?

The Honors Program at Minnesota State University, Mankato is committed to supporting motivated undergraduate students by providing them with exceptional learning opportunities, mentoring relationships, and a supportive community that fosters their personal, academic, and professional development.



What are the Competencies?

Students in the Honors Program develop their skills and abilities within the three competency areas of leadership, research, scholarly, and creative activity, and intercultural engagement. In order to develop these skills and activities, students complete eight experiences and reflect on them within their portfolio.

LEADERSHIP

**RESEARCH, SCHOLARLY,
AND CREATIVE ACTIVITY**

**INTERCULTURAL
ENGAGEMENT**

Synthesis Essay

My synthesis essay is a reflection that explains how throughout categorizing the different experiences I was a part of over the last three years in each competency area, there is a lot of overlap between the three and a connection between different experiences.

[CLICK HERE TO READ SYNTHESIS ESSAY](#)

Why Honors?

We wrote two different "Why Honors" essays to explain our reasoning and desire to be a part of the program. We did the first essay in the introduction to Honors course and the second one in the Honors portfolio development course where we also included why we still are choosing to be a part of the program based on what we had gained so far.

**INTRODUCTION TO HONORS: WHY
HONORS?**

**PORTFOLIO DEVELOPMENT: WHY
HONORS?**



Leadership Competency

Students will utilize personal leadership values and strengths in a team environment toward a common goal.

YOGA INSTRUCTOR EXPERIENCE

LEARNING COMMUNITY COORDINATOR
EXPERIENCE

YMCA BIG BROTHERS/BIG SISTERS
PROGRAM EXPERIENCE

RISEBIO PEER MENTOR EXPERIENCE





Research, Scholarly, and Creative Activity

Students will access and utilize credible information to answer research questions. Students will complete and present undergraduate research, scholarly, or creative project as part of their competency development.

RISEBIO EXPERIENCE

RESEARCH LAB EXPERIENCE



Intercultural Engagement Competency

Students will learn more about their own culture and develop an understanding of different cultural perspectives, ultimately establishing their own framework for intercultural engagement.

LANGUAGE PARTNERS PROGRAM EXPERIENCE



SPANISH COURSES EXPERIENCES

