

Emma Vogel



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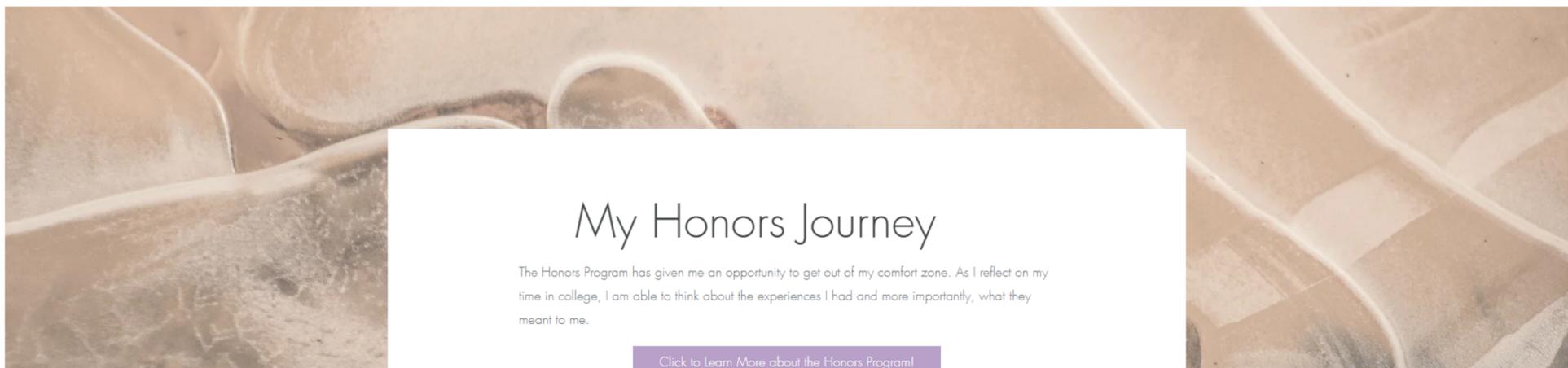
— B.S. Psychology & Child Development

"I am a proud first-generation college student; it is not just a label, it is a part of my identity. It's about shattering the glass ceiling of limited opportunities and paving the way for future generations. I chose to double major to get different perspectives on life while showing my commitment to my education and developing my time-management and problem-solving skills"

About me!

My Career Goal is to be an Occupational Therapist. I originally wanted to focus on pediatrics but now, I am open to working in all settings with many different people!





My Honors Journey

The Honors Program has given me an opportunity to get out of my comfort zone. As I reflect on my time in college, I am able to think about the experiences I had and more importantly, what they meant to me.

[Click to Learn More about the Honors Program!](#)



Synthesis Essay

This essay organizes my experiences and feelings throughout my journey in the honors program

[Synthesis Essay](#)

Why Honors - 375

This essay explains why I chose the Honors program and what the program means to me

[Why Honors](#)



Leadership Competency

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Research, Scholarly, Creative Activity Competency

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Intercultural Engagement Competency

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Leadership

Leadership to me means inspiring others to be the best person they can be. It means standing up for my beliefs and values and being a role model for others to follow. Leadership is knowing how to work with what is available, being resilient, and taking opportunities as they come.



RHA Representative - Development

During the Fall 2019 academic year, I served on the Community Council Board for my floor (McElroy H2), specifically as the RHA representative. My responsibilities as the RHA representative were to gather input from my fellow floormates and the other members of the board on issues concerning the residential halls and dining center. With this information, I went to the weekly meeting, where it was discussed and brought to attention during the liaison and committee times.

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Clifton Strengths Finder - Development

In the fall semester of 2019, I took a strengths finder and values exercise in my HONR 201 course. I learned what my strengths and values were and related them to my leadership experience.

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Alternative Spring Break - Application

In the spring semester of 2020, I took an Alternative Spring Break, in which a group of MSU students and faculty went to Kansas and Missouri to do volunteer work. I learned an immense amount about my leadership style through this experience.

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DSP Internship - Application

In the fall semester of 2021 and the spring semester of 2022, I participated in an internship through my work as a Direct Support Professional (now a Designated Coordinator). The company is Unique Abilities where I work with vulnerable adults. I have a variety of clients that I establish outcomes with and work on achieving their goals.

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Research, Scholarly, Creative Activity

Research, scholarly, and creative activity to me means learning information through credible resources and applying it to real-life situations to solve problems and make the world a better place



Library Activity - Development

In my HONR 201 course, in the fall semester of 2019, I met up with a library and was given the task of ordering journals on credibility. I learned how to locate, evaluate, organize, and synthesize different journals

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Research Methods

In the spring semester of 2020, I took a Research Methods course in which I formulated survey questions about the law of Attraction in which I photoshopped a woman to be skinny or plus-sized and asked people to rate her characteristics. Through this, I learned a tremendous amount about each step of the research process.

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Family Coping During Covid-19 - Application

In the Spring Semester of 2021, I participated in a research team that examined how families were coping during COVID-19. We conducted a literature review, formulated and distributed survey questions, combed through the data to find emerging themes, ran one-way ANOVA's, drew conclusions, and presented it at the URS.

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Intercultural Engagement

Intercultural engagement to me means being ethnorelativistic and engaging with diverse cultures with an open mind. It means learning how to be okay with being uncomfortable and adapting to situations



Language Leadership Program

The Language Partner Program is an organization set up after it was seen that international students tended to stick to their own culture and their own people rather than exploring something new. It helps with the transition into the United States by partnering up American students with a group of international students. This program helped me branch out from culture and taught me a tremendous amount about a country I was wary of before.

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My Relationship

My husband is Ghanaian and we each grew up in a different culture. We got married in 2022

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American Sign Language

I have an American Sign Language Certificate and have taken all levels of ASL offered at MNSU. I have also taken a Deaf studies course to learn more about the culture and community. I founded the American Sign Language Club and was elected as president

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