



Minnesota State University, Mankato
Cornerstone: A Collection of Scholarly
and Creative Works for Minnesota
State University, Mankato

All Graduate Theses, Dissertations, and Other
Capstone Projects

Graduate Theses, Dissertations, and Other
Capstone Projects

2013

Paraphilias: Relevant Factors for Treatment Providers of Sexual Offenders

Darren Tungsvik
Minnesota State University, Mankato

Follow this and additional works at: <https://cornerstone.lib.mnsu.edu/etds>



Part of the [Psychiatric and Mental Health Commons](#), [Social Control, Law, Crime, and Deviance Commons](#), and the [Social Work Commons](#)

Recommended Citation

Tungsvik, D. (2013). Paraphilias: Relevant Factors for Treatment Providers of Sexual Offenders [Master's capstone project, Minnesota State University, Mankato]. Cornerstone: A Collection of Scholarly and Creative Works for Minnesota State University, Mankato. <https://cornerstone.lib.mnsu.edu/etds/871/>

This Other Capstone Project is brought to you for free and open access by the Graduate Theses, Dissertations, and Other Capstone Projects at Cornerstone: A Collection of Scholarly and Creative Works for Minnesota State University, Mankato. It has been accepted for inclusion in All Graduate Theses, Dissertations, and Other Capstone Projects by an authorized administrator of Cornerstone: A Collection of Scholarly and Creative Works for Minnesota State University, Mankato.



Paraphilias: Relevant factors for treatment providers of sexual offenders

By: Darren Tungsvik

MSW Student, Minnesota State University, Mankato

Minnesota Sex Offender Program

Overview

The Minnesota Sex Offender Program (MSOP) provides comprehensive services to individuals who have been court-ordered to receive sex offender treatment. Most MSOP clients have completed prison sentences. Clients are civilly committed by the courts and placed in treatment for an indeterminate period of time. A court may commit a person to MSOP to ensure public safety if a judge determines that the individual is a (sexual psychopathic personality)¹ or a (sexually dangerous person)² or both.

1: Minnesota law from 1939 for SPP.

2: Minnesota statute: 253B.02 from 1994 for SDP

Paraphilia: recurrent, intense sexually arousing fantasies, sexual urges, or behaviors involving 1) non-human objects, 2) the suffering of oneself or partner, or 3) children or other non-consenting persons that occur over a period of at least 6 months.

Paraphilic Disorder: a paraphilia that is currently causing distress or impairment to the individual or a paraphilia whose satisfaction has entailed personal harm, or risk of harm, to others.

Paraphilia is necessary but not a sufficient condition for having a paraphilic disorder, and a paraphilia by itself does not necessarily justify or require clinical intervention.

Purpose

- To educate clinical staff at MSOP of Paraphilic disorders and their factors related to the treatment of sexual offenders.
- Contribute to MSOP's mission of promoting public safety through providing comprehensive treatment and reintegration opportunities for civilly committed sexual offenders.
- Need exists at MSOP with a lack of educational training materials for clinical staff of Paraphilic disorders and their treatment.

Process

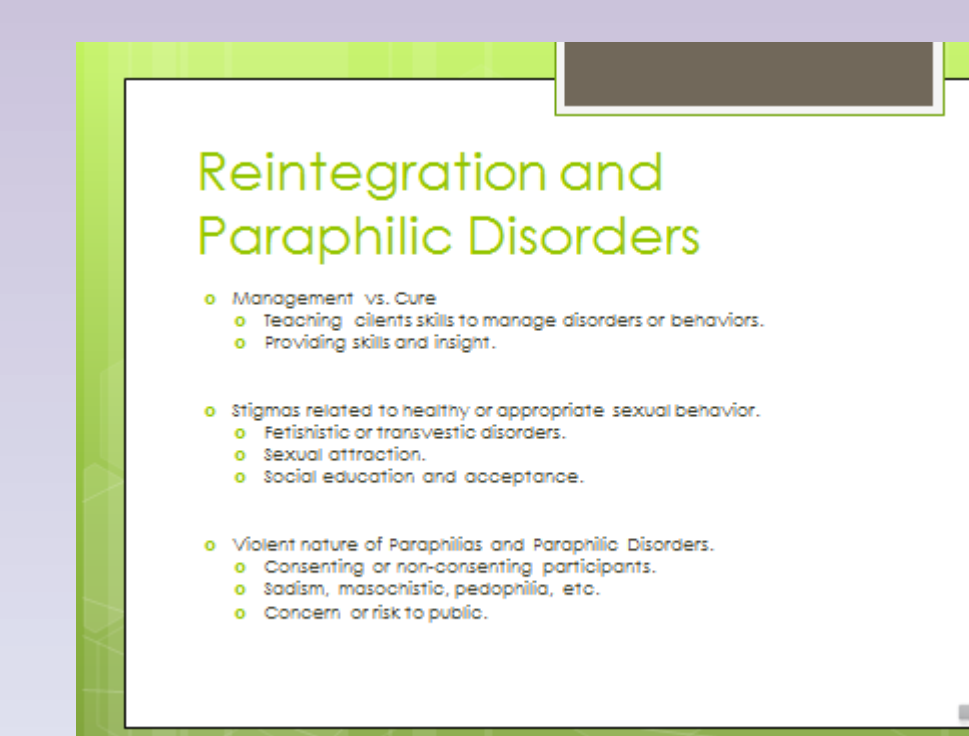
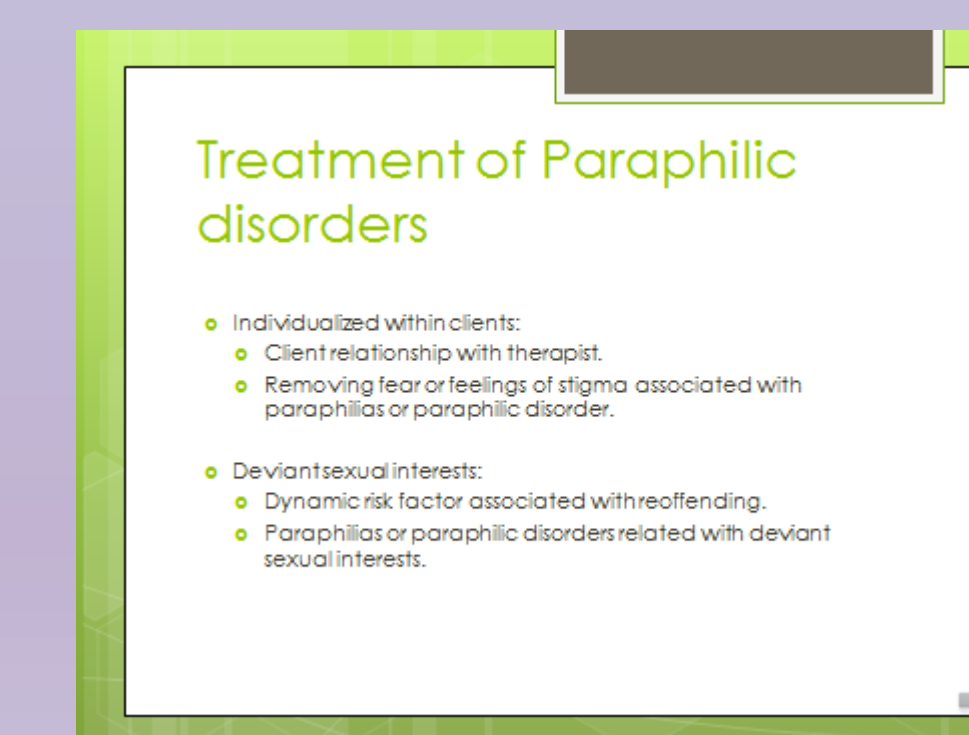
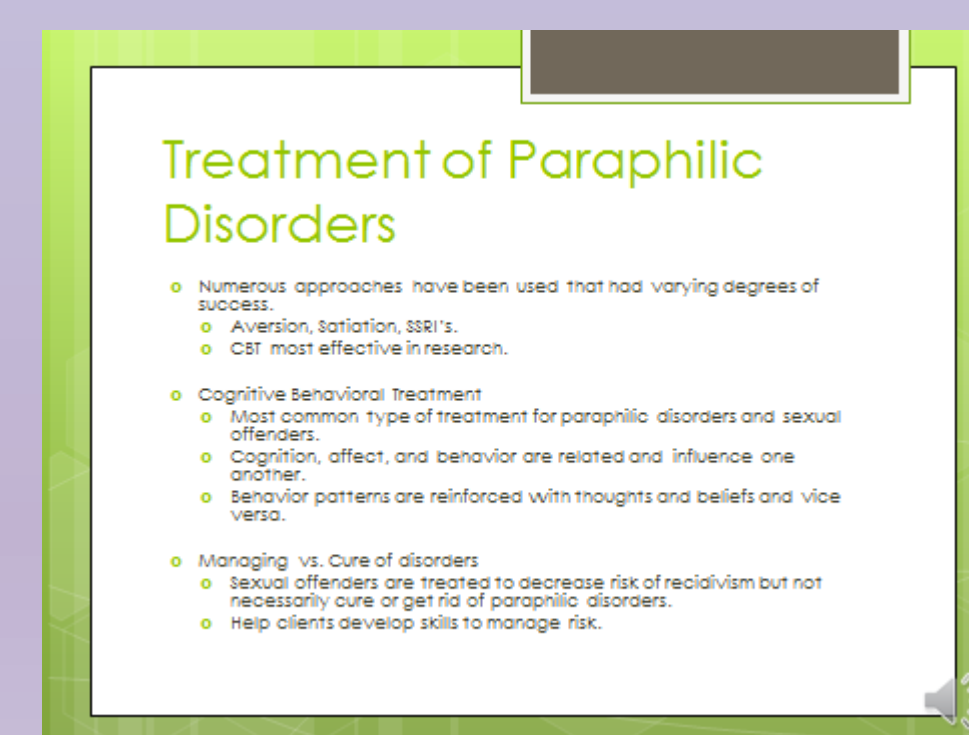
- Literature review conducted. Research related to:
 - Description of each Paraphilic Disorder:
 - Voyeuristic Disorder, Exhibitionistic Disorder, Frotteuristic Disorder, Sexual Masochistic Disorder, Sexual Sadism Disorder, Pedophilic Disorder, Fetishistic Disorder, Transvestic Disorder, Specified Paraphilic Disorder, Unspecified Paraphilic Disorder
 - Onset, Symptoms, Behaviors.
 - Deviant factors.
 - Implications for treatment settings.
 - Treatment options and factors.
 - Factors related to reintegration of clients.
- Interview with MSOP Psychologist.
- Creation of Training Program.
 - Development of PowerPoint.
 - Created script for audio in PowerPoint and presentation to clinical staff.
 - Converted PowerPoint using ISpring Program.
- Presentation to clinical staff at MSOP.
- Training PowerPoint added to CBT section for staff development content on MSOP website.

Key Content in Training

- Diagnostic criteria for Paraphilic disorders.
- Relevant considerations for cultural and gender differences within diagnostic criteria for Paraphilic disorders.
- Changes in diagnostic criteria: DSM IV. to DSM V.
- Types of treatments and their effectiveness for Paraphilic disorders.
- MSOP specific factors, concerns, and issues for clinical staff to be aware of related to Paraphilic disorders.
- Factors for clinical staff to know related to reintegration of clients.

Implications / Recommendations

- Fulfillment of MSOP's mission of providing effective treatment for sexual offenders.
- Increase in knowledge and awareness for clinical staff of the associated factors related to Paraphilic disorders in a treatment setting.
- Recommendation for individualized treatment applications for clients with Paraphilic disorders.
- Management of Paraphilic disorders vs. cure of Paraphilic disorders.
- Management of symptoms and behaviors related to Paraphilic disorders for clients is necessary for community reintegration.
- Clinical staffs knowledge of their clients and issues related to Paraphilic disorders is critical for successful client reintegration into the community.



With support provided by and sincere thanks to:
Brenda Todd-Bense, Field Instructor
David Beimers, Academic Advisor, and Michelle Alvarez, Field Liaison