

DON'T



BE



FROZEN

THIS



WINTER

**WINTER SURVIVAL TIPS
FROM GOV DOCS**



Hypothermia:

- When exposed to cold temperatures
- Prolonged exposure to cold will eventually lead to hypothermia (abnormally low body temperature)
- Symptoms of hypothermia in adults include memory loss, and slurred speech. Severe hypothermia can lead to death.

Treatment:

- Seek medical attention.
- Get the person to a warm area. Take off wet clothing.
- Apply a gentle source of heat to groin, hands, and feet.
- Warm beverages can help increase body temperature.
- Keep the person dry and wrapped in a warm blanket.

These items from the
Government Document
Collection
may be checked out

The Blizzard
of '88

WINTER IS HERE



GOV/ DOCS PRESENTS:

DON'T BE FROZEN
WINTER SAFETY TIPS

FAKEMOVIEPOSTER.COM PRESENTS A PACIFIC OCEAN PRODUCTION IN ASSOCIATION WITH APPLICATION ENTERTAINMENT
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Don't lose Your Head Over Winter Safety!

Check Out These Gov Docs Now





Safe Winter Traveling



Text about safe winter traveling.

Text about safe winter traveling.

Text about safe winter traveling.

DON'T BE FROZEN THIS WINTER



WINTER SURVIVAL TIPS FROM GOV DOCS

"The Cold Never Bothered Me Anyway"-Elsa-Frozen

For Most of Us, It Does!

Text about winter safety.



Text about winter safety.

