

Tech-Rec

Combining Technology & Recreation; Exercising Mind & Body.

This FIRST of IT'S KIND technology & exercise merger has taken place at Minnesota State University, Mankato. The Grand Opening & First Demonstration was held on October 1, 2005.

Tech-Rec allows students to multitask, to be efficient with their very busy time schedules. For the individual that always works out, this provides time to also study. For the individual that always studies, this allows time to work out while studying. Our observations are that many students will choose their workout device (treadmill, bicycle, stepper, elliptical); check their email for messages from friends & family; check their course management system for information on their class work, then choose their favorite TV station to watch. All this while exercising & reducing the monotony of working out.

Photos from the Grand Opening & First Demonstration of Tech-Rec: [Photos Oct 1, 2005](#)

In-the-Press:

[Mankato Free Press](#) Oct. 29, 2005

[KEYC-TV](#) Oct.28, 2005

[Minneapolis Star Tribune](#) November 9, 2005

[Associated Press](#) November 20, 2005 **Hitting over 125 news services**

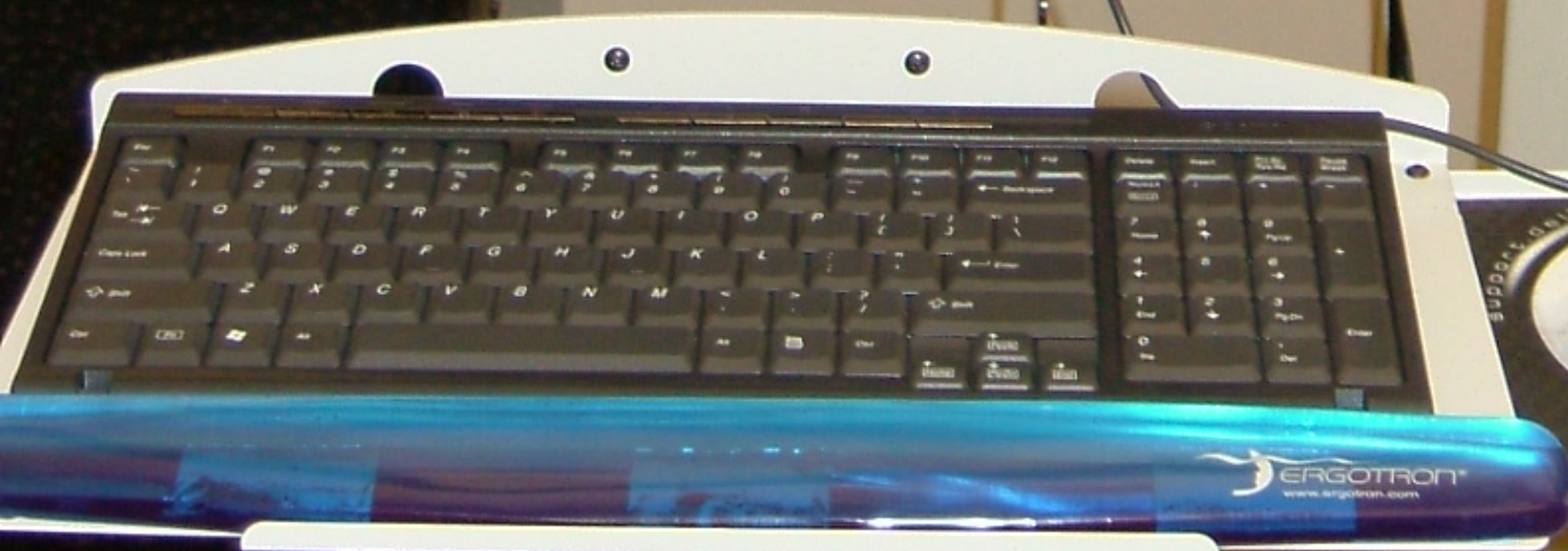
-----*****-----*****-----

The Team of Wayne Sharp, David Esping, Norleen Turensky & Bryan Hoffman came together to develop this first ever Specialized Educational Technology for Recreational Facilities.

Several issues were overcome with this prototype system

1. Research: There could not be found an existing company to purchase this product.
2. Design Planning: The components necessary to entice student participation; while keeping technology safe & secure.
3. Testing: Several hardware & software components thoroughly researched, tested & compared before arriving at the solution.
4. Implementation: installation of large number of TECH-REC devices in a very large campus recreation facility, efficiently & effectively.
5. Training: Very little training was necessary. A full week was scheduled, but found that students could pick the technology up VERY QUICKLY - which says a lot about the planning, desktop design & easy layout that was completed.







CAMPUS WIDE

MINNESOTA STATE UNIVERSITY
MAVERICKS

HOME	PERIOD	GUEST
1	2	3
4	5	6
7	8	9
10	11	12

